

The **Ageing** and **Disability** Commission is here to help you report concerns about older people or adults with disability being abused, neglected or exploited by someone they know in their home, or in their community.



## You may have noticed an **older person** or **adult with disability**:

- Is being told how to spend their money.
- Is unable to explain bruises, cuts or injuries on their body.
- Is unable to speak freely with you at appointments, especially when another person is present,
- Indicated a family member, friend or someone they know in the community had hit, threatened or sexually abused them.

Wherever possible, the Commission will obtain the views of the **adult with disability** or **older person** when a report is made. The Commission may make referrals for support, undertake preliminary inquiries or conduct an investigation without this if needed.

### By contacting the helpline, you can:

1. Get information on what services are available to help.
2. Speak with a trained professional about your concerns, and your rights.
3. Be supported to make a report, and be heard without judgement.

[nswadc@adc.nsw.gov.au](mailto:nswadc@adc.nsw.gov.au) or [ageingdisabilitycommission.nsw.gov.au](http://ageingdisabilitycommission.nsw.gov.au)  
for more information. You can remain anonymous.

**1800 628 221**  
**(M-F, 9-5)**