



### You have rights, the law says so!





- Right to be safe and well
- Right to privacy
- Right to have a say

If you think something is wrong, or something makes you upset or angry, or you are being treated unfairly — this is a problem!

Some problems are small and others are bigger...



But most problems can be solved. You might just need some information or help.



## You can get help to sort out problems - from a friend or someone you trust.

When you get to have your say and try to sort out a problem – sometimes it is called a complaint.



It may be hard to ask for help and make a complaint, but you have a right to complain without being treated unfairly.

#### Official Community Visitors can also help.

They will come to your place and will listen to you about your problems.

Having a say
is OK!
Complaints
are OK!

Their job is to help sort things out!

Your visitor's name is:





# Having a say is OK! Complaints are OK!

#### Remember it's your right to



- have a say
- be listened to
- try to sort out the problem
- make a complaint

If you are still unhappy you can call us at the Ageing and Disability Commission for help, or get someone to help you call

Official Community Visitor scheme



Email: OCV@adc.nsw.gov.au



